

GOVERNMENT OF JAMMU AND KASHMIR
JAMMU AND KASHMIR SERVICES SELECTION BOARD
Muthi, Akhnoor Road, Jammu / Zamzam Complex, Rambagh, Srinagar
(www.jkssb.nic.in)

Order No: 326 - SSB of 2025
Dated: 25 .10.2025

Subject: OA No. 1073/2025 titled Rameez Ahmad Mir vs UT of J&K & Ors. --
Consideration Order thereof.

Whereas, the above mentioned Original Application (OA) was filed before the Hon'ble Central Administrative Tribunal, Srinagar Bench and upon consideration of the matter on 16.09.2025, the Hon'ble Tribunal was pleased to pass an order, the operative part whereof is reproduced as under:

"11. Accordingly, at the request of learned counsel for the petitioner, the instant O.A. is disposed of by providing that the respondents will take a humanistic view, coupled with the fact that the petitioner has already qualified the written examination, and will consider deferring the Physical Endurance Test (PET)/PST as it relates to the appointment of a Constable, issued vide Notification No. 01 of 2024 dated counsel for the 16.07.2024. The instant order has been passed in the peculiar facts and circumstances of the case and keeping in view the medical records of the petitioner, coupled with the medical certificate issued by the Consultant, Dr. Abdul Rashid Badoo, Bone and Joint Hospital. It is made clear that this order shall not be construed as a precedent in any other case.

12. Accordingly, O.A. No. 1073/2025 stands disposed of along with all connected M.A.s, if any."

Whereas, in compliance to the directions of the Hon'ble Tribunal, the representation of the applicant has been examined and the following factual position has emerged:

- i) Jammu & Kashmir Services Selection Board (JKSSB) received an indent from the Home Department, J&K, vide communication No. Home/PNG/268/2022 (CC-7040944) dated 27.06.2024, for direct recruitment to 4002 posts of Constable.
- ii) JKSSB, vide Advertisement Notification No. 01 of 2024, advertised 4002 posts of Constable in different cadres of the Home Department, with the category-wise breakup as under.

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Name of Post	Item No.	Cadre of Post	OM	SC	ST1	ST2	OBC	RBA	ALC/IB	EW	TOTAL
Constable (Armed /IRP)	01	UT	675	135	169	169	136	169	67	169	1689
Constable (SDRF)	02	UT	40	08	10	10	08	10	04	10	100
Constable (Executive)	05	Division Jammu	499	100	125	125	100	125	50	125	1249
Constable (Executive)	06	Division Kashmir	176	35	44	44	35	44	18	44	440
Constable (Telecommunication)	03	UT	201	41	50	50	40	50	20	50	502
Constable (Photographer)	04	UT	09	02	02	02	02	02	01	02	22
											4002

iii) The criteria for Physical Standard Test (PST) and Physical Endurance Test (PET), as well as the scheme of written examination, were duly notified in the advertisement notification as under:

Name of Post	Item No.	Qualification prescribed	Criteria for Selection
Constable (Armed /IRP)	01	1. Physical Standard Test (PST): For Males: Height: 5'6" (minimum) Chest girth: 32" (unexpanded) Chest girth: 33 ½" (expanded) For Females: Height: 5'2" (minimum) Relaxation in Physical Standard: For the candidates belonging to the Gorkha Community and Bot Tribe, the minimum Height shall be relaxable by 2".	Written Test: The candidates shall be subjected to a written examination for arriving at the merit. However, candidates in possession of NCC Certificates shall be awarded Bonus Marks as per the provisions in S.O. 290 of 2021 dated: 20.08.2021.
Constable (SDRF)	02		
Constable (Telecommunication)	03		
Constable (Photographer)	04		
Constable (Executive)	05		
Constable (Executive)	06	2. Physical Endurance Test (PET): For Males: Long Race: 1600 meters in 6 ½ minutes Pushups: 20 (one cycle of up and down to be counted as one).	Physical Standard Test (PST): The candidates, as per their merit, shall undergo the PST, which shall be of qualifying nature. The number of candidates to be selected for appearing in the PST shall be six times the total number of

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For Female: Long Race: 1000 meters in 6 ½ minutes
Shot Put (4Kgs): 14 ½ feet in three attempts.

Special provisions regarding relaxation in Physical Endurance Test for Ex-Servicemen:

The Ex-Servicemen candidates shall be required to qualify Physical Endurance Test as per the following relaxed standards.

Physical Endurance Test (PET): The candidates, who qualify the PST, shall be required to undergo the PET. The PET shall be of qualifying nature.

Age	Male		Female	
	Long Race 1600 Mtrs.	Push ups	Long Race 1000 Mtrs.	Shot put (4 Kgs)
Upto 30 years	6 ½ minutes	20	6 ½ minutes	14 ½ Feet
Above 30 to 40 years	7 ½ minutes	16	7 ½ minutes	12 ½ Feet
Above 40 years	8 ½ minutes	12	8 ½ minutes	10 ½ Feet

Whereas, the applicant has claimed that he is suffering from right hip strain injury and is not in a position to participate in the PST/PET particularly the 1600 metre run; and

Whereas, Regulation No. 51, paragraph XXI of the Jammu and Kashmir Services Selection Board conduct of Examination Regulations provides as under:

"XXI

Failure to Appear in Test on Account of illness etc

"51. Subject to the condition, if any, in case a candidate has been permitted to appear in a test which is to be conducted by the J&K SSB and the candidate is unable to appear in or misses the test on account

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of his serious illness or an accident to himself or on account of a death of a near relative, the candidate in no case shall be given another opportunity of appearing in the test."

Whereas, the matter was placed before the Board in its 323rd meeting held on 27.09.2025, and the Board decided as under:

"The matter was discussed in the Board and it was decided that it would not be possible as also reasonable for the Board to conduct PET/PST separately for the applicant as the process involves huge human resources and machinery. Also Selection/PET/PST Committees cannot be formed fresh for a single/few candidates. Further, the Board observed that selection process cannot be stalled for a single candidate given the workload and other forthcoming slated exams and selection in the JKSSB. It was accordingly decided that the case of the applicant be rejected."

Now, therefore, in compliance to the order dated 16.09.2025 of the Hon'ble Central Administrative Tribunal, Srinagar Bench, the representation of the applicant was considered and the same was found devoid of merit, legally untenable, and accordingly disposed of as **rejected**.

By Order


(Atul Kumar) JKAS
Secretary
J&K Services Selection Board
Jammu/Srinagar.


No: JKSSB-LEG/212/2025 (E-7771138)

Dated: 25.10.2025

Copy to the:

1. Principal Secretary to the Government, Home Department, Civil Secretariat, J&K, Jammu/Srinagar.
2. Mr. Syed Musaib, Ld. Deputy Advocate General, JKSSB, for information.
3. Mr. Rameez Ahmad Mir S/o Manzoor Ahmad Mir R/o Brinty Batapora, Anantnag, Pin: 192124.
4. In-charge website, JKSSB.
5. Order file.