

GOVERNMENT OF JAMMU AND KASHMIR
JAMMU AND KASHMIR SERVICES SELECTION BOARD
Muthi, Akhnoor Road, Jammu / Zamzam Complex, Rambagh, Srinagar
(www.jkssb.nic.in)

- Subject:** (i) O.A No. 983/2025 titled *Paramjeet Singh & Ors. vs U.T of J&K & Ors.*
- (ii) O.A No. 1051/2025 titled *Sajad Ahmad Banday & Ors. vs U.T of J&K & Ors.*
- (iii) O.A No. 1053/2025 titled *Aasrar Bashir & Ors. vs U.T of J&K & Ors.*
- (iv) O.A No. 1065/2025 titled *Rizwan Ahmad Malla & Ors. vs U.T of J&K & Ors....* Consideration Orders thereof.

Order No: 307 - SSB of 2025
Dated: 13 .10.2025

Whereas, the aforementioned cases have been filed by the applicants before the Hon'ble Central Administrative Tribunal (CAT), Srinagar Bench. Upon consideration of O.A. No. 983/2025 titled *Paramjeet Singh & Ors. vs. Union Territory of J&K & Ors.*, the Hon'ble Tribunal, vide order dated 28.08.2025, was pleased to pass following orders:

"7. In view of the limited prayer made by the learned Counsel for the applicants, the respondents are directed to consider the representation of the applicants dated 19.08.2025 and decide the same in accordance with rules and law, within a period of four weeks from today.

8. With this, M.A is allowed and OA No: 983/2025, is disposed of accordingly."

Whereas, the subject matter involved and relief sought in the instant cases being same viz: relaxation in Physical Standards Test (PST) and Physical Endurance Test (PET) for the said posts to applicants (SPOs), commensurating with those of Ex-Servicemen (ESM) candidates, therefore are disposed of by way of issuing a common consideration order; and

 Whereas, the J&K Services Selection Board (JKSSB) received an indent from the Home Department, J&K, vide communication No. Home/PNG/268/2022 (CC-7040944) dated 27.06.2024, for direct recruitment to 4002 posts of Constable; and

Whereas, accordingly JKSSB notified these posts vide advertisement notification No. 01 of 2024, with the following break up.

Name of Post	Ite m No.	Cadre of Post	O M	SC	ST 1	ST 2	OB C	RB A	ALC/I B	EW S	TOTA L
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Constable (Armed /IRP)	01	UT	67 5	13 5	169	169	136	169	67	169	1689
Constable (SDRF)	02	UT	40	08	10	10	08	10	04	10	100
Constable (Executive)	05	Division n Jamm u	49 9	10 0	125	125	100	125	50	125	1249
Constable (Executive)	06	Division n Kashm ir	17 6	35	44	44	35	44	18	44	440
Constable (Telecommunicat ion)	03	UT	20 1	41	50	50	40	50	20	50	502
Constable (Photographer)	04	UT	09	02	02	02	02	02	01	02	22
											4002

Whereas, the criteria for Physical Standard Test (PST) and Physical Endurance Test (PET), as well as the scheme of written examination, were duly notified in **Annexure "B"** appended to the aforesaid advertisement notification, the relevant portion of which is extracted below:

Name of Post	Item No.	Qualification prescribed	Criteria for Selection
Constable (Armed /IRP)	01	1. Physical Standard Test (PST): For Males: Height: 5'6" (minimum) Chest girth: 32" (unexpanded) Chest girth: 33 1/2" (expanded) For Females: Height: 5'2" (minimum) Relaxation in Physical Standard: For the candidates belonging to the Gorkha Community and Bot Tribe, the minimum Height shall be relaxable by 2".	Written Test: The candidates shall be subjected to a written examination for arriving at the merit. However, candidates in possession of NCC Certificates shall be awarded Bonus Marks as per the provisions in
Constable (SDRF)	02		
Constable (Telecommunication)	03		
Constable (Photographer)	04		
Constable (Executive)	05		

Constable (Executive) 06

2. Physical Endurance Test (PET):

For Males: Long Race: 1600 meters in 6 ½ minutes

Pushups: 20 (one cycle of up and down to be counted as one).

For Female: Long Race: 1000 meters in 6 ½ minutes
Shot Put (4Kgs): 14 ½ feet in three attempts.

Special provisions regarding relaxation in Physical Endurance Test for Ex-Servicemen:

The Ex-Servicemen candidates shall be required to qualify Physical Endurance Test as per the following relaxed standards.

Age	Male		Female	
	Long Race 1600 Mtrs.	Push ups	Long Race 1000 Mtrs.	Shot put (4 Kgs)
Upto 30 years	6 ½ minutes	20	6 ½ minutes	14 ½ Feet
Above 30 to 40 years	7 ½ minutes	16	7 ½ minutes	12 ½ Feet
Above 40 years	8 ½ minutes	12	8 ½ minutes	10 ½ Feet

S.O. 290 of 2021 dated: 20.08.2021.

Physical Standard Test

(PST): The candidates, as per their merit, shall undergo the PST, which shall be of qualifying nature. The number of candidates to be selected for appearing in the PST shall be six times the total number of vacancies to be filled up in each category.

Physical Endurance Test

(PET): The candidates, who qualify the PST, shall be required to undergo the PET. The PET shall be of qualifying nature.

Whereas, the advertisement notification was detailed covering each and every aspect of the selection as also, it was explicitly stipulated that the selection shall be conducted in two stages: (i) Written Test, and (ii) PST/PET; and

Whereas, the JKSSB successfully conducted OMR-based written examinations for the advertised posts on 01.12.2024 (Constable Armed/IRP/SDRF/Executive), 08.12.2024 (Constable Telecommunication), and 22.12.2024 (Constable Photographer) and vide notifications dated 15.01.2025 and 20.01.2025 declared the results; and

Whereas, vide notice dated 29.07.2025, the JKSSB published the list of 28,124 shortlisted candidates against 3,478 posts of Constable (Armed/IRP/SDRF/Executive), shortlisted strictly in terms of clause IX, point 18 of the J&K Services Selection Board (Conduct of Examinations) Regulations, 2022, which prescribes as under:

"Minimum pass marks in the written test (CBT/OMR) shall be 20% for the candidates belonging to the OM and 15% for candidates belonging to various reserved categories, or as shall be decided by the Board in respect of any post/category." and

Whereas, JKSSB accordingly conducted PST/PET of 9,414 candidates at the venue Bakshi Stadium, Srinagar, from 19.08.2025 to 29.08.2025, who had opted for Kashmir Division; and

Whereas, the applicants are seeking extension of Rule 175 Sub Rule 7 of Jammu and Kashmir Police Rules 1960 as amended vide S.O 214 of 2022 of the Home Department viz:

7) The candidates who meet the above physical standards shall be required to undergo the Physical Endurance Test, which shall consist of the following:

I. For Male Candidates

Long Race = 1600 meters in 6½ minutes (Six minutes thirty seconds)

Pushups = 20 (one cycle of up and down to be counted as one)

II. For Female candidates

Long Race = 1000 meters in 6½ minutes (Six minutes thirty seconds)

Shot put (4 Kgs) = 14½ feet in three attempts; and

Whereas, the concession provided in the rules is for Ex-servicemen and the said rules are silent viz-a-viz any such concession for SPOs who are presently serving, however, 15% reservation is kept for the SPOs from the notified posts; and

Whereas, relaxation in the prescribed standards is beyond the domain and jurisdiction of JKSSB as such Board cannot give any concession on its own and in absence of any legal backing at this stage; and

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Whereas, acceding to such claims at this stage would not only be beyond the statutory jurisdiction of the Board, but would also adversely affect the ongoing recruitment process, as it could potentially open the floodgate of litigation; and

Whereas, the applicants have not challenged the advertisement notification at the appropriate point of time rather have participated in the written test without any demur, therefore, have lost the right to agitate the matter now; and

Whereas, the matter was placed before the Board in its 323rd meeting held on 27.09.2025 wherein it was unanimously resolved as under:

"the subject matter was discussed in the Board and it was noted that concessions provided to Ex Servicemen is the prerogative of the Government, therefore the subject matter is beyond the domain and jurisdiction of JKSSB, as such, speaking orders be issued in the cases rejecting therein the claims of the applicants wherever necessary and provided in the directions passed by the Hon'ble Tribunal and in the event, directions are passed to file objections, then such cases be contested in consultation with Home Department."; and

Now, therefore, in compliance with the order dated 28.08.2025 passed by the Hon'ble Central Administrative Tribunal, Srinagar Bench, the representations submitted by the applicants are considered and upon consideration are found devoid of any merit, legally untenable, hence **rejected**.

By Order


(Atul Kumar) JKAS
Secretary
J&K Services Selection Board


No: JKSSB-LEG/207/2025 (E-7767420)

Dated: 13.10.2025

Copy to the:

1. Principal Secretary to the Government, Home Department for information.
2. Mr. Syed Musaib, Ld. Deputy Advocate General, JKSSB, for information.
3. In-charge website, JKSSB.
4. Order file.